

Vol. 35 Iss. 1

Congregation B'nai Tikvah Walnut Creek, CA

September / October 2015



A New Year Blessing from Rabbi Gutterman and Cantor Chabon

"Opening the Heart" by Marcia Falk

At the year's turn in the days between

we step away from what we know

wall and window roof and road

into the spaces we cannot yet name

cloud and sky cloud and wings

Slowly the edges begin to yield

the hard places soften

wind and clover road and river

The gate to forgiveness opens.

We wish you a Shana Tovah, and look forward to being together for the year's turning very soon.

May we all discover new paths of closeness to each other, and to our synagogue family.

May the New Year be one of promise and hope, of joy and peace.

Congregation B'nai Tikvah is a Reform congregation which, through personal attention, provides to its members an extended family. The congregation fulfills its members' spiritual needs, fosters their Jewish identity, promotes the perpetuation of Judaism and its members' Jewish education, and encourages a commitment to full participation in Temple life.

Rebecca Gutterman, Rabbi Jennie Chabon, Cantor Raphael W. Asher, Rabbi Emeritus Stephen Richards, Cantor Emeritus Judy Blum, Temple Administrator Jason Pollack & Leeaht Segev, Interim Co - Directors of Education

Temple Office (925) 933-5397 Office Hours: Mon-Fri 9:00 - 5:00

Fax (925) 933-6833

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CONGREGATIONAL OFFICERS

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Vice President Glenn Gould
Vice President Jared Goldin
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Upcoming B'nai Mitzvah

Bat Mitzvah of Rebecca Clauson Daughter of Andy and Cathy Clauson Saturday, September 5

> Bar Mitzvah of Nathan Molina Son of Pamela and Martin Molina Saturday, October 3

Bat Mitzvah of Madison Weil Daughter of Jeff Weil and Lisa Weil Saturday, October 10

> Bar Mitzvah of Nathan Corbett Son of Stacey Epstein-Corbett and Danny Corbett Saturday, October 17

Bar Mitzvah of Adriel Friedler Son of Anna and Mark Friedler Saturday, October 24

> Bar Mitzvah of Logan Dolnick Son of Darcy and Brett Dolnick Saturday, October 31

Shabbat Services begin at 10 am. The Congregation is invited to attend.

Mazel tov to all our B'nai Mitzvah and their families!

Tikvah Talk

Tikvah Talk is published 6 times a year and is distributed free of charge to anyone expressing an interest in Congregation B'nai Tikvah. All news items are due the 10th of each month. Please submit articles electronically, if possible, to Congregation B'nai Tikvah, at **office@tikvah.org** (subject *Tikvah Talk*) or by mail to 25 Hillcroft Way, Walnut Creek, CA 94597, (925) 933-5397.

President's Message

By Dan Lapporte



As the summer winds down and we get ready for the High Holydays, I'd like to reflect on an experience I've recently had during my morning commute into Oakland. I regularly see people at the 19th Street BART station asking for a handout. Some appear genuinely needy, some are obvious fakes and every once in a while someone

stands out. Enter Johnny.

I'm not sure if that's his real name or if he is really the disabled Navy Veteran he claims to be, but I saw him almost every day shouting, "You loved me in uniform, now help me get a cup of coffee." Maybe some of you have seen him too. I was struck by his persistence and one day pulled out a dollar bill, made eve contact and approached him. I handed him the dollar bill and was ready to move on, when he reached out his hand to shake mine and said, "thank you." I hesitated, and then shook his hand knowing that he was harmless. We struck up a conversation.

Despite his unshaven face, neck tattoos and hoodie, Johnny was well kept and pleasant. He showed me his very authentic looking military ID and told me that he was honorably discharged, but struggling with chronic pain from an injury he'd received in the military. We talked about the care he was receiving at the Veterans Administration and about his adult daughter who he hadn't seen in eight years. We had a real conversation. After about five minutes, I decided to head to work and we shook hands and again.

How does this relate to the High Holydays? It's about connection with another person who I might not have interacted with otherwise. It's about taking an informed risk and stepping out of my comfort zone. Most importantly, it's about trying something different since I normally don't think giving to people asking for money on the street is a good idea. As we enter the Days of Awe, we'll reflect on the year gone by and our life journeys. Among other things, I'll think about B'nai Tikvah and where we're going as a community. This is an important time to reflect, but it's also an important time to look forward and consider the opportunities we face. I look forward to seeing many of you through the High Holydays.

I still occasionally see Johnny at the 19th Street Station and give him a dollar when I do. Connecting and having a conversation can happen anywhere and often leads to unexpected outcomes. I invite those conversations with all of you – either face to face, over the phone or by e-mail if you prefer. You can reach me through an e-mail address we've created for your feedback: BnaiTikvahPresident@gmail.com.

(continued on page 13)

Religious School News

By Jason Pollack, Interim Co-Director of Education



The Mighty Madrichim

Who can help struggling students learn to read and translate Hebrew? Who can take rambunctious students and get them back on task and to complete lessons successfully? Who comes to the teachers' aid when last minute copies need to made and projects need to be set up?

Who are great role models for our young students? The Madrichim! That's who!

We have a great asset in our Religious School: the Madrichim program. This is the program that has students who have graduated from our Religious School come back to work for our school as teachers' aids, tutors, and, in some cases, classroom leaders and small group facilitators. I have had the joy during the month of August of meeting with most of our Madrichim in one-on-one interviews, as well as the excellent Madrichim supervisor, Arielle Restuch.

These young people of the Madrichim program are, even at their young ages, impressive. The CBT community should be very proud to have raised such fine individuals, such menches. They all are proud to be Jewish and be part of the Jewish community. They all derive great satisfaction from helping younger students learn more about Judaism, and take their position as being role models very seriously. Many Madrichim in their interviews said they became a Madrich/Madricha because of the older students that worked with them when they were growing up in the Religious School. "Madrich" means leader, guide in Hebrew—and that's just what they are.

This year, we will again have nearly 30 Madrichim, a large number considering the size of our community. They look forward to coming back to CBT on Sunday mornings, making Jewish education a part of their busy lives, and continuing to be active members of the CBT Religious School community. We are lucky to have them, and I personally look forward to working with them and getting to know them better this year.



Who's having more fun at Havdalah Happening? Our Madricha or attendee?

Sisterhood News

By Rayna Ravitz, President

Upcoming events!

<u>Tuesday, September 15 - Book Sisters 7 pm CBT Social Hall</u> "Love and Treasure" by Ayelet Waldman. Dessert only.

Sunday, October 4 - Sisterhood Membership Brunch 9:45 am CBT Social Hall

This is a catered event and open to all CBT Sisterhood and new CBT members - no charge. If you haven't joined yet, you can at the brunch. Bring your programming ideas for the coming year as this is our only meeting. We'll be looking for a charity to sponsor in the spring plus a speaker for our March Sisterhood Shabbat Service. Bring books you want to pass on and look for books you want to read. Come and meet new women, make new friends, renew old friendships.

RSVP: Raynaravitz@gmail.com

<u>Wednesday, October 14 - Under One Tent - 7 pm</u> <u>CBT Social Hall</u>

Ayelet Waldman author of "Love and Treasure"

<u>Tuesday, November 17 - Book Sisters 6:30 pm</u> "The Invention of Wings" by Sue Monk Kidd





Our new High Holyday books are in!

If you would like your own copy (it's a 2 set edition), please send your check for \$50 for each set to the Temple Office or Members can pay on line through the Member's Only section of our website.

Books must be picked up from the Temple Office between now and September 4.

(They can be held in the office if you're coming for services.)

We regret we cannot bring 'sold copies' to

High Holyday services.

For Qs, please call Judy Blum in the Temple Office.

Please note - in the spring we'll have a event to give our old Machzors a traditional Jewish burial. Save your books until then!

Welcome to our Newest Members

Marlo and Kyle Johnston

Madeline 5/1/06 and Noah 11/14/12

Welcome back
Barbara and Bob Felix

5776 High Holyday Schedule

Saturday, September 5

8:30 p.m. Dessert and Havdalah9:30 p.m. Selichot Service

Sunday, September 13

8:00 p.m. Erev Rosh Hashanah Service

Monday, September 14

9:00 a.m. Children's Rosh Hashanah Service**
10:30 a.m. Adult Rosh Hashanah Service
5:00 p.m. Tashlich (casting of sins) – Civic Park

Tuesday, September 22

8:00 p.m. Kol Nidre Service

Wednesday, September 23

9:00 a.m. Children's Yom Kippur Service**
(please note time change this year)
10:30 a.m. Morning Yom Kippur Service

10:30 a.m. Morning Yom Kippur Service4:00 p.m. Afternoon Yom Kippur Service6:00 p.m. Yiskor Service

6:30 p.m. Neilah Service
7:15 p.m. Break-the-Fast

Do you have unaffiliated friends who would like to join us for Children's Services?

Have them contact the Temple Office for complimentary tickets!!

Tickets are required for all services.

In addition to our amazing Religious School, Monthly Family Services and Tot Shabbats held on the first Friday of the month. we have three great programs for your under five year olds!

ALL FREE AND OPEN TO THE PUBLIC - TELL YOUR FRIENDS!

Gan Gani – Monthly Sunday drop off Pre-K Class 10am - noon

Monthly Jewish Themes as highlighted below for children ages 4-5 - the year prior to Kindergarten.

Registration required - contact School Director or Temple Office for a form.

Adult(s) do not attend.

September 20th Sukkot

October 18th Life in a Synagogue

November 15th Shabbat

December 13th Hanukkah

January 24th Tu BiSh'vat

February 21st Torah

March 20th Purim

April 17th Passover May 15th Israel and Yom Ha'Atzmaut



K'Tan Tan – Monthly Sunday Family Playgroup 10am - noon

Children up to five years old

No registration required - adult(s) attend.

Music, toys, art, snack, parachute, bubbles and more!

Same Monthly Jewish Themes as Gan Gani but with different activities.

October 4th Life in a Synagogue

November 1st Shabbat

December 6th Hanukkah

January 10th Tu BiSh'vat February 7th Torah March 6th Purim

April 3rd Passover

May 1st Israel and Yom Ha'Atzmaut

Tikvah Tots – Weekly Friday Playgroup 10am to 11am

Children up to three years old.

No registration required - adult(s) attend.

Informal and low key. Free play for little ones, chat time for adult(s), and circle time with Shabbat songs and blessings (and juice and challah of course) led by Rabbi Gutterman at the end!

Generally every Friday starting September 11th.

Check Temple calendar at www.tikvah.org for exact dates.

Our Holydays continue....

Sukkot service Monday, September 28 8 am followed by brunch

Simchat Torah & Consecration Sunday, October 4 Torah unrolling begins at 6 pm. Service will be followed by Israeli dancing. (dinner info on page 11)

Contributions

GENERAL FUND

In memory of Aiden Thenemann

Kathy and Steve Weiner

In memory of Robert B. Tucker

Dale Tucker

In memory of Seymour Solomon

In memory of Irene Solomon

In memory of Hattie Arnett

Nancy and Arthur Solomon

In memory of Malcolm Vineberg, Sr.

Joni Vineberg

In appreciation of Congregation B'nai Tikvah

Morlye Schweitzer

In memory of Robert Landis

Debra Landis

In memory of Phyllis Sirota Lutzker

Ann and Stuart Lutzker

In memory of August Gordon

Robin and Larry Gordon

In memory of Irving Assael

Melissa and Brian Assael

Marilyn Assael

In memory of Charles David Unger

Judith and Scott Barrall

In honor of Dan Lapporte's Installation as President

Seymour Lapporte

In memory of Abraham Leventhal

Diane and Victor Leventhal

In memory of Irving Fogel

Yonina and Barry Bushell

In memory of Guy Christian

Joni Vineberg

In memory of Martin Winslow

Beverly and Phillip Winslow

In memory of Max Sheldon

Christine and Murray Sheldon

In memory of Janet Trepper

Alvin Trepper

Robin and Jeff Brotman

In memory of Dorothy Tobias

Carol and Allan Tobias

In memory of Stephen Slavet

Andrea and Benjamin Slavet

In memory of Beatrice Sauve

Annette and Michael Cohn

In memory of Vivian Hankin

Dutchy and Jerry Hankin

In memory of Mary Margaret Viera

Patricia Viera

RABBI GUTTERMAN'S DISCRETIONARY FUND

In memory of Charles David Unger

Judith and Scott Barrall

In honor of Rachel's Bat Mitzvah

Julie and Alan Stokol

CANTOR CHABON'S DISCRETIONARY FUND

In memory of Charles David Unger

Judith and Scott Barrall

In appreciation of Cantor Chabon

Yoni and Barry Bushell

In memory of Susan Friedman's sister

In memory of Jack Rackmil's father

Cookie Svingos

In memory of Leo Dalton

In memory of David Rost

Flo and Loren Burns

In honor of Rachel's Bat Mitzvah

Julie and Alan Stokol

In honor of the birth of our son, Nathan Eliezer

Yael and Yaniv Benaroya

RABBI ASHER EMERITUS FUND

In memory of Mal Vineberg

Susan and Joel Friedman

In memory of Annette Kasson

In memory of Sheldon Levine

Flo and Loren Burns

CANTOR'S MUSIC FUND

In memory of David Albert Negrin

Alison Negrin and Kevin Barnett

In memory of Florence Reif

Carol Reif and Jeffrey Gilman

In memory of Sarah Brown

Sharon and Ron Brown

In honor of Harry Wittenberg's 60th Birthday

Judy and Walt Blum

Rayna and Richard Ravitz

Leah Eskenazi

Paula Reinman and Sandy Gross

With thanks to Pat Viera

Mary Ann and Harry Wittenberg

In memory of Chiune Sughara

Patricia Viera

In memory of Hannah Roth

Sharon and Ron Brown

In memory of Jack Lerner

In memory of Milton Wilk

In memory of Rose Beard

Nessa and Robert Wilk

In honor of The Chutzpah Chavurah

Donna and Arnie Hoffman

In honor of the Installation of Dan Lapporte as CBT President Chanel and Tracy Benhamou

JAMES COHEN SCHOLARSHIP FUND

In memory of Milton Eisenberg

Diane and Victor Leventhal

(continued on page 9)

Team Tikvah – Team of Hope Members and Supporters

Thanks to everyone for making Team Tikvah's participation in this year's Martinez Relay for Life a stunning success. We set a lofty goal this year of raising \$9,600. We far surpassed that and, as of this writing, have raised \$11,567.53 for the American Cancer Society's cancer research, education and prevention programs.



We were the highest grossing team in the Martinez Relay, which so far has brought in a total of \$78,182.33.

There is still time to meet the overall Martinez Relay goal of \$80,000 since the event remains open for donations through August 31. Donations to our team members can still be made through their personal pages and donations to our team can be made through the team webpage: Team Tikvah - Team of Hope 2015.

In addition to our great fundraising total, Team Tikvah can be proud that we received "Around the World" recognition for having at least one participant on the track during each of the 24 hours from 9:00 a.m. Saturday to 9:00 a.m. Sunday.

Only a few of the 28 teams in the event accomplished that. And you can also send your congratulations to

Ms. Shuley Temple, who successfully defended her crown to become Ms. Relay 2015.

Will Shuley be back to attempt a three-peat in 2016? Only time will tell.

THANKS TO: our team members – Kathy Berger, Annette Cohn, Toni Dine, Ellen Fenichel, Al Gould, Bob Grossman, Bert Gunter and Roberta Davis, co-captain Tina Guterman, Martha Jensen, John and Susan Klein, Art Korn, Karen Lapin, Linda Meyers, Mike Weintraub, Phil and Nicky Weismehl, and Lisa Wenger.

THANKS TO: our supporters who came out to walk, schmooze, eat or celebrate Havdalah with us:

Kathy Baruch, Marc Berger, Jordana Green, Mason Grossman, Sandy Leon, Amy Lichtenstein (plus Noah), Bruce and Sam Meyers, Faith Micco, Deborah Sandler, Rich Sauve, Mel and Joan Weinstein, Fiona Weismehl and Emma Wenger.

THANKS TO: everyone who donated to our team members or directly to Team Tikvah- Team of Hope.



The Survivor Walk kicks off the 24 hour Relay.

In addition, special thanks and recognition go to:

Martha Jensen for taking care of not only all of our phenomenal Tahitian decorations, but for obtaining and creating the wonderful gift baskets we raffled off at the event.

TO Nicky Weismehl for putting together the lavender sachets we sold, and for once again contributing a tub of her fabulous guacamole.

TO Mike Weintraub, who in his first year participating in the event was our top fundraiser, collecting over \$2,000 in donations.

TO Michael Fischer for the much-needed loan of a tent.

TO -Rocco Biale for again supporting our fundraising dinner at Rocco's Ristorante Pizzeria.

TO and, of course, Rabbi Gutterman and Cantor Chabon for leading us in a very special Havdalah ceremony.

If there's anyone I overlooked, my sincere apologies.

After three years sharing the responsibility for captaining the team, Tina and I have decided to step aside and let some folks with fresh ideas and energy take over. We are glad to announce that the captains of next year's Team Tikvah – Team of Hope will be Martha Jensen, Amy Lichtenstein and Bob Grossman. Thanks to all three for taking this on.

I hope to see all of you again at next year's Relay for Life.

Mike Cohn, Relay Co-Chair

Men of CBT

By Bob Grossman, President

For September we will be busy with the High Holydays moving stuff and helping where ever we can. Ushering is our most critical task so please let me know if you are interested in Ushering and assisting with our Shul's High Holyday events.

The month of October is busy! We will be having another Poker Night at CBT on Thursday, October 8th with more information to come. On Sunday, the 18th we'll have a Schmeer and Schmooze at 10 am in the Social Hall. And Wednesday, October 28th will be our Men's Night Out at The Cheesecake Factory at 6 pm. Please RSVP if you can attend any or all of these events at men.of.cbt@gmail.com.

If you have not yet sent in your Men of CBT Membership Dues, please do so! We appreciate your support!

Our Mission:

The purpose of the Men of CBT is to engage male congregants, both in-faith and inter-faith alike, in building a community that enriches their experience at Congregation B'nai Tikvah. We do this by offering opportunities to learn, socialize, and serve our temple."

What ARE all the cars doing in the parking lot?

If you ever stopped by CBT on a random weekday (except Tuesday when school is in session), there were very few cars in the parking lot. Small staff = few cars!

That changed in August!

We are excited to let you know that ACTIVE READING CENTER,

an afternoon reading program for struggling readers, has moved in and is renting space from us.

Their program involves one on one tutoring of children aged 5 and up. They've been around for over 25 years but the facility they were at before needed more space so they started a search and found us!

The only afternoon they have limited classroom use is on Tuesdays when our children are here.

Not only is it wonderful to have our building used when before it sat empty, but their staff and board members are a pleasure to work with! Some of our lives have even crossed paths before. And, of course, the rent they are paying is certainly helping our bottom line!

For more information about the program, visit http://activereadingcenter.org.



LOVE AND TREASURE

Best-selling author Ayelet Waldman soars again with this Washington Post "Best Book of the Year"

in which Lt. Jack Wiseman is tasked to guard a train filled with treasures stolen by the Nazis. His responsibility grows more complicated when he meets Ilona, a fierce, beautiful Hungarian woman who has lost everything in the Holocaust.

Please join us here on



Wednesday, October 14 at 4pm. Admission: \$5.00.

Ayelet Waldman is the author of Love and Treasure, Red Hook Road and The New York Times bestseller Bad Mother: A Chronicle of Maternal Crimes, Minor Calamities and Occasional Moments of Grace. Her novel Love and Other Impossible Pursuits was adapted into a film called The Other Woman starring Natalie Portman. Her personal essays and profiles of such public figures as Hillary Clinton have been published in a wide variety of newspapers and magazines, including The New York Times, Vogue, The Washington Post, and The Wall Street Journal. Her radio commentaries have appeared on All Things Considered and This American Life. Her books are published throughout the world, in countries as disparate as England and Thailand, the Netherlands and China, Russia and Israel, South Korea and Italy.

In loving memory

FLO BURNS 6/26/1940 - 8/11/2015

CBT Member 30 years

Contributions.....

(continued from page 6)

CANTOR STEPHEN RICHARDS CHOIR FUND

In memory of Tim Teele

Jackie Chakoff
In memory of Sadie Teitelman

Carol and Allen Teitelman

STEPHAN JASPAN RELIGIOUS SCHOOL FUND

In memory of Nicole Bristow

Jodi and Steve Robinson

In honor of Rachel Stokol's Bat Mitzvah

Devra Aarons & Family

MORDOH/NADJARI HOLOCAUST FUND

In honor of the wedding of Michael Stein and Allyson Milner
In memory of Leo Dalton
Flo and Loren Burns
In memory of Luna Nadjari
Zaffy and Denis Welch

SPECIAL EDUCATION FUND

In memory of Jackie Raucher *Mona Epstein*

HELP THE MORTGAGE FUND

In memory of Nicole Bristow
In memory of Evelyn Moulton
In memory of Louis Dienst
Gloria Kemna
In memory of Morris Bikoff
Rayna and Richard Ravitz
In honor of Harry Wittenberg's 60th Birthday
Judith Signorelli

Shalom Connection

Condolences to:

Loren Burns and family on the loss of his wife, Flo Brian Zagon and family on the loss of his grandmother, Geraldine Berres

Mazel Tov to:

Yaniv and Yael Benaroya on the birth of their son,
Nathan Eliezer
Martha and Neil Strock on the birth of grandson,
Jackson Robert Strock (to Nathaniel)
Carol and Ira Wallis on the marriage of Jason and Jane Oliver

Have a simcha to share?
Please let us know! Email judyblum@tikvah.org.



Our Legacy Team is trying to reach out to each and every member to insure the future of Congregation B'nai Tikvah.

The process takes time.
Please contact Lisa Wenger
(lisa.wenger@thomsonreuters.com)
or Sandy Gross (sandyfgross@gmail.com)
if you want to be contacted in the very near future.

We on the CBT Legacy Team Rabbi Asher, Rabbi Gutterman, Lisa and Howard Wenger,
Sandy Gross, Harry Wittenberg and Judy Blum wish all of you the
very best for a Sweet New Year.

New Adult B'nai Mitzvah Course To Start after the High Holydays

Did you celebrate a Bar or Bat Mitzvah at thirteen?

What did you learn from that experience if so... and what do you wish you had learned? Or if you didn't have one, how would you design one for yourself today?

We invite any adults intrigued by these questions to speak with us about our next two-year Adult B'nai Mitzvah course to start in October on Tuesday evenings. Together, we look forward to embarking on a path of Jewish learning which will culminate in a service celebrating adult Jewish learning and identity.

For more information or to sign up, please email Rabbi Gutterman at rabbigutterman@tikvah.org.

Looking forward to hearing from you!

Contra Costa Midrasha is SO excited to start a new year! Enrollment is now open. We invite all Jewish teens in the Beth Chaim community to join us for any of our September events including:

8th and 9th Grade Orientation/Open House on Sept. 9th

Fall Picnic is Sept. 16th

Opening Night Extravaganza on Sept. 30th!

All events happen at CCM's home in Walnut Creek at B'nai Tikvah – 25 Hillcroft Way on Wednesday nights from 7:15 – 9:15pm.

A year ago, I declared a new goal for Contra Costa Midrasha: to renew a summer Israel trip so that our Midrasha teens can travel to

Israel together. In July, 11 teens from CCM (along with three other teens from Oakland Midrasha – for a total of 14 Midrasha teens) boarded a plane to Tel Aviv and spent the month of July visiting every corner of Israel. They swam in Eilat, prayed at the Western Wall, became friends with Israeli teens, marveled at the beauty of the Sephardic synagogues in Tzfat, hiked from the Galilee to the Mediterranean, did three days of basic training with the IDF in "Gadna," slept under a blanket of stars in the desert, ate falafel and schnitzel and hummus, got stung by jellyfish and had so many more adventures. In short they, in the words of one CCM teen, "had an incredible time, with life-long memories and many new friends – the best summer of my life!"

Of those 11 Contra Costa Midrasha teens, seven of them were from Congregation B'nai Tikvah – one of CCM's three partner synagogue. Zach Babka, Shayna Barrall, Aaron Benhamou, Ian Jones, Ryan Levy, Nicky Webster and Nieves Winslow all journeyed together. A few of the 11 teens recently shared stories with me of their adventures in Israel. Here are some of my favorite excerpts from their tales...

Ysabel Munoz shared her enthusiasm for her first moments there, "I think my [amazing] moment was when we were blindfolded in the bus, driving to Jerusalem. And then we get off [the bus] and we're all in a line, holding each other's shoulders, walking across streets. We get there and they count to three and we take off the blindfold, and it's everyone's first view of Jerusalem and it's like – it was such a moment. You can see the Kotel and it was just gorgeous and it hit me then. I was like oh my gosh, this is Israel, this is what I've been learning about all this time, and this is what we pray to when we are in Temple and now we're here and it was crazy."



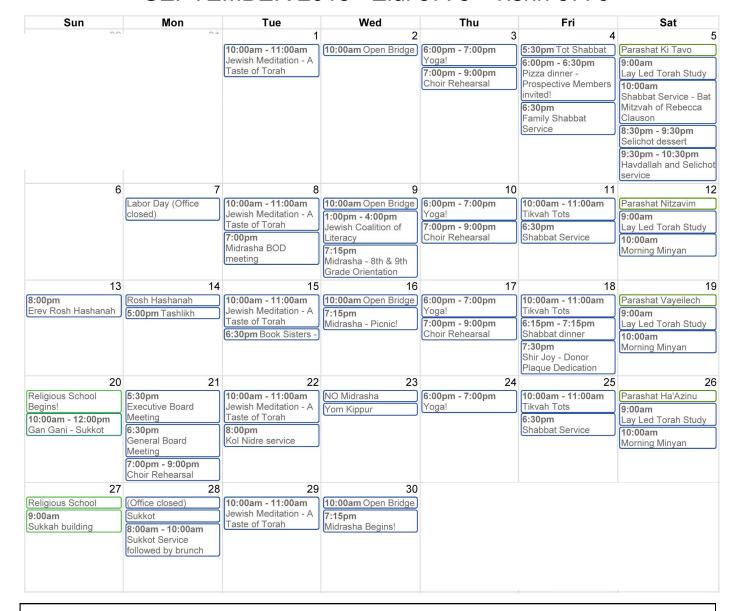
Aaron Benhamou and Ryan Levy told a story of their first hours at IDF basic training called, Gadna. "We had been at the Gadna base for just a few hours and the sirens go off. We all run under the tables [in the cafeteria]. And we ask our counselors, 'is this a drill?" And I look over under the table - a bunch of real soldiers are crying and calling their families. That made it so real. It was not a drill. Then the door was really heavy – every time it opened we thought it was a bomb going off – we're American kids, we don't know what a bomb sounds like. It turned out to be a false alarm, but in the moment we didn't know. Then when it was over, they were like, "okay welcome to Gadna."

Jesse Rusk contributed this story: "Desert time was really cool too. Our guide Shai comes and brings us to this really flat plateau. And he tells us to go take some space – somewhere in this really big area - some people sit closer and some people sit really far away. And then in front of us you can see mountains and then Eilat, out in the distance. But I think at that moment a lot of people felt – that suddenly we could think, because before it was go, go, go. It was the beginning of the trip – there's a bunch of new things coming at us. It was this really nice moment to think, we're in Israel. That was a nice moment to think about everything, about the meaning of why we were there."

All of the teens agreed that Shabbat was truly special on this trip in Israel saying, ""it was so nice having actual Shabbat, not needing to do anything. The rest of the week we were going nonstop, it was nice to have rest."

For more information about Contra Costa Midrasha, visit us online at www.ccmidrasha.com or call 925/944-4701. We look forward to sharing this new year with you!

SEPTEMBER 2015 Elul 5775 - Tishri 5776



JOIN OUR CBT COMMUNITY FOR DINNER!

Friday, September 4 Pizza dinner 6 pm
Between our 5:30 Tot Shabbat & 6:30 Family Shabbat \$10 adults, \$5 children
We invite prospective families to be our guests.
Reservations due Wednesday, September 2

Friday, September 18 Dinner at 6:30 pm.
Shir Joy at 7:30. No need to decide where to eat!
Kabob Burger is cooking for us.
\$18 adults, \$8 children
Reservations due Tuesday, September 16.

Friday, October 2 Pizza dinner 6 pm

Between our 5:30 Tot Shabbat & 6:30 Family Shabbat \$10 adults, \$5 children

Reservations due Wednesday, September 30

Sunday, October 4
Simchat Torah & Consecration
Dinner 5:15 pm
\$18 adults, \$8 children
Torah unrolling begins at 6 pm
Reservations due Thursday, October 1.

Send your check to the Temple Office. Members can sign up through the Members Only section of our website.

OCTOBER 2015 Tishri - Cheshvan 5776





Miss Shuley Temple (aka Bob Grossman) once again won the Miss Relay contest. Like father, like son?



Gathering after Havdalah at the Relay for Life.

President's Message.....

(continued from page 3)

Finally, speaking of stepping out of the comfort zone, on Tuesday August 4th I saw something I never thought I would: Our beloved Cantor Chabon singing the National Anthem at the

Oakland Coliseum in front of about 20,000 people! (I checked, and the 2015 game average attendance for the A's is 21,794.) Jewish Heritage Night at the A's was inspiring and a number of



local Synagogues were represented. Thanks to the tireless work of Julia Babka-Kurzrock, we sold 128 tickets. B'nai Tikvah was well represented and Cantor Chabon, quite literally, nailed the National Anthem. What a great community event. Thanks to everyone who came!

B'nai Tikvah Bift Shop

Tallitot, Bags and Kippot
Mezuzot Yads Kiddush Cups
Candles and Candlesticks
Challah Boards Tzedaka Boxes Jewelry
Greeting Cards, Books
Spice Boxes and Havdalah Sets
SHOFARS and lots more!

The Gift Shop is open on Sundays when Religious School is in session or by appointment.

Please call Irene Korn at 925.673.9300.

Shop YOUR synagogue first!

Proceeds from the Gift Shop benefit Congregation B'nai Tikvah projects.



Can you read this?

That means you can help a child who can't.





In just one hour a week you can help a student learn to love reading. Take part in this rewarding tikkun olam program and help repair the world. Join the Jewish Coalition for Literacy as a volunteer reading tutor and make a difference in a child's life.

Register for a free tutor training workshop at <u>iclread.org</u>
or by calling the number below:

Please note: fingerprinting is required by some school districts, which involves a feemore information will be provided at the training session.

East Bay: 510-809-4904

Wednesday, September 2, 2015, 1:00pm-4:00pm Jewish Federation Office, 2121 Allston Way, Berkeley

Wednesday, September 9, 2015, 1:00pm-4:00pm Congregation B'nai Tikvah, 25 Hillcroft Way, Walnut Creek









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Search for "CBT membership management."

(Membership Management is our database software program.)

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Sinai Memorial Chapel CHEVRA KADISHA (FD #1523) 3415 Mt. Diablo Blvd. Lafayette, 94549

> GAN SHALOM CEMETERY 1100 Bear Creek Road Briones, CA 94553

Jay Lewis (FD#1523)
Associate Executive Director
(925) 962-3636
Pre-need arrangements available



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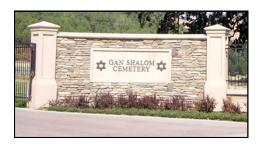
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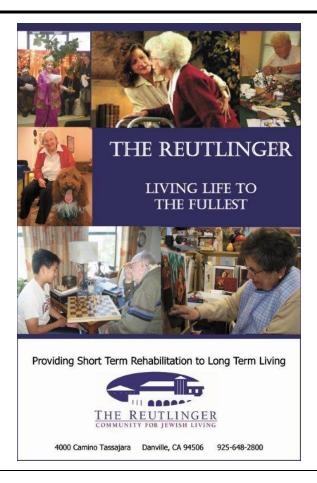


GAN SHALOM CEMETERY

The Board of Trustees of Congregation B'nai Tikvah has approved the establishment and the location of the B'nai Tikvah Garden at Gan Shalom Cemetery, 1100 Bear Creek Road, Briones.

For those who have purchased plots and those considering a "pre-need" purchase, please contact Jay Lewis, Managing Funeral Director at Sinai Memorial Chapel, 3415 Mt. Diablo Blvd., Lafayette, at (925) 962-3636.





EAST BAY CHILDREN'S BOOK PROJECT Every Child Needs a Book



The bin is in our lobby. Bring in gently used books for all age children.

http://www.eastbaychildrensbook project.org/



Have YOU visited the Tzedaka box in our Lobby?

All donations received through the end of September will be sent to





Shalom Bayit is the Bay Area's center for domestic violence prevention and response within the Jewish community. Shalom Bayit promotes peaceful homes and families, teach skills for healthy relationships, and work to build a safe, vibrant Jewish community that is

Congregation B'nai Tikvah 25 Hillcroft Way Walnut Creek, CA 94597 Non-Profit Org. U.S. Postage Paid Permit No. 71 Walnut Creek, CA

CHANGE SERVICE REQUESTED

For membership information, please contact the Temple Office.

A Taste Of Walnut Creek 2015 - 18th Annual Restaurant Walk "The Original Walking Tour of Downtown Walnut Creek Restaurants"

TUESDAY, OCTOBER 6, 2015 6:00 to 9:00 p.m.

1ST TIME PARTICIPANTS!

Main Street Kitchen (MSK seasoned fries) Veggie Grill (sample of Quinoa Power Salad)

RETURNING FAVORITES!

1515 Restaurant Lounge (fried fish appetizer)

Buckhorn Grill (tri-tip sandwich and roadhouse salad)

Cream (choice of 'regular' cookie)

Crepes Ooh La La (nutella crepes) Extreme Pizza (sample of gourmet Signature pizzas)

Home of Chicken & Waffles (drumettes / mac and cheese / waffles)

Hubcaps (vanilla shake)

Lottie's Creamery (gourmet mini-floats)

Opa! (spanakopita or domades)

The Original Mel's Diner (Mel's garlic fries)

Peet's Coffee and Tea (featured coffee and seasonal drink)

Pomegranate Restaurant (Pomegranate chicken and hummus)

Pyramid Alehouse (tastes of award winning craft beer)

Salvatore Ristorante (penne alla romana)

San Francisco Creamery Co. ("take out" junior scoop of ice cream)

Silk Road Mediterranean Cuisine (pomegranate chicken & hummus) Skipolini's Pizza (pizza slices)
The Candy Counter (Jelly Belly sample) Tomatina (our delicious garlic rolls and meatballs)

Vitality Bowls (mini Acai bowl) Walnut Creek Yacht Club (fish gazpacho)

TICKET BOOKS ARE \$30 EACH and will be available by September 8.

Order yours through the Members' Only section of our website, pick them up weekdays in the Temple Office on Sunday mornings during school or send a check to the Temple. Please include \$.75 postage per book.

They can also be purchased on www.brownpapertickets.com.