

So do you know how to recite the Kaddish when the time really comes? Do you share with your children your own source material about what makes and keeps you Jewish and do you question them about why they carry the name JEW within; it's meaning, it's privilege, it's responsibility, and on and on? Have you thought through how your own freedom to choose the content and expression of your liberal and creative Judaism makes you more "Jewish" than your Orthodox ancestors?

By the way, your every thought, deed and decision is "Jewish." Just figured that you ought to know the truth.

Read a good "Jewish" book lately? Is your TANACH still warm from study? Opening a new page of EXCEL to record an ever-increasing list of social Mitzvot? Nice to encounter these cornerstones of continuity...

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Reflections...

By Cantor Jennie Chabon



I had the most amazing experience with my kids recently that I'd like to share with you. I was driving back to Oakland from B'nai Tikvah on a Tuesday night, on my way to my beloved evening yoga class. My family knows that I don't come home until after the boys are asleep on Tuesdays and that it's because I take this wonderful class that is so important for me. I don't like missing bedtime, and I don't like sitting in bad traffic in order to make it to class, but I do it, every week that I can, because (as we all know by now!), my yoga practice is essential to my sense of peace and joy and stability in my life.