

weekend time like an hourglass leaking precious grains of sand. However, Shabbat, in contrast, with its connections to time immortal can tap into your deeper reserves. Prayer, learning, and community with an optional one-minute aliyah-rush can be a great mix before you put on your sneakers and / or take a ‘gut schlaf.’

Saturday morning services without a Bar/Bat Mitzvah are usually held in the library where the cozier setting allows people to ask questions as we go along. The Torah service is less majestic but more inviting as folks can get a closer seat to the scroll and discuss the nuances of the text.

Shir Joy will be on Saturday, January 15 at 10 am. Moreover, with a Bar/Bat Mitzvah hiatus this winter, there will also be Morning Minyans for New Year’s (January 1), January 22, February 12 and February 24, all from 10 – 11:30 am.

Any Religious School students who come to a minyan get double credit for their annual service attendance. Any adults that come get a triple bonus: rest, spiritual refreshment, and a morning dose of Jewish literacy.

Reflections...

By Cantor Jennie Chabon



When I was in cantorial school, I spent a lot of time—many, many hours in seminars and coaching sessions—preparing for my life as a cantor. A lot of that time was spent preparing my voice: learning our ancient melodies, studying the craft of cantorial singing, listening to old recordings of cantors from the 1950s who mastered our liturgical music so magnificently. I loved that part of my time in the seminary. I find *hazzanut*—cantorial music—to be so beautiful and moving, and I hope to continue to learn and grow with it. I find it to be a beautiful and moving experience. I